

NAMI National Warmline Directory

as of 05.11.21



A Warmline is a peer-run hotline that offers callers emotional support and is staffed by volunteers who are in recovery themselves.

Blue highlight = will take out-of-state calls				Spanish	Chat/Text
State	Warmline	Phone Number	Hours of operation	Y = Yes	Y = Yes
AL	Wings Across Alabama Warmline	(844) 999-4647	M-F 2pm - 8pm; Sat-Sun 3pm - 8pm (CST)		
AZ	HOPE Inc. Warmline (only residents of Arizona)	(520) 770-9909	Daily, 8am - 10pm (MT)		
AZ	Maricopa County Warmline (only residents of Maricopa County, AZ)	(602) 347-1100	24/7	Y	
AZ	Prima County Warmline (only residents of Pima County AZ only)	520-770-9909	Daily, 8am-10pm. Holidays 10am-6pm (PST)		
CA	California Peer-run Warmline (only residents of California)	(855) 845-7415, press 1	24/7		
CA	NAMI Orange County Warmline or The OC Warmline	(877) 910-9276 or (714) 991-6412	24/7	Y	Y/Chat
CA	Project Return Warmline	(888) 448-9777	M-F 5pm - 10pm; Sat 11am - 4pm (PST)	Y	
CA	San Joaquin Warmline (only residents of San Joaquin County, CA)	(209) 468-3585	24/7	Y	

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CO	Colorado Crisis and Support Line (only residents of Colorado)	(844) 493-8255, press *	Daily, 7am - 12 midnight (MT)		Y/Text
CT	Soundview Warmline <i>(only residents of Connecticut)</i>	(800) 921-0359	Daily, 9am - 9pm (EST)		
CT	Community Warmline	(203) 732-2004	Sun-Th 6pm - 10pm; F-Sat 6pm - 11pm (EST)		
DC	Access Helpline (only residents of DC)	(888) 793-4357	24/7		
FL	Central Florida Crisis Line	(407) 425-2624	24/7		
FL	Clear Warm Line	(800) 945-1355	Daily, 4pm - 10pm (EST)		
FL	MHA SETH Line	(954) 578-5640	M-F 6pm - 10pm (EST)		
GA	Bartow County Peer to Peer Warmline (only residents of Georgia)	(770) 276-2019	24/7		
GA	Cares Warmline	(844) 326-5400	Daily, 8:30am - 11pm (EST)		Y / Text
GA	Colquitt Peer Support Line <i>(only residents of Georgia)</i>	(229) 873-9737	24/7		
GA	Peer2Peer Warmline (only residents of Georgia)	(888) 945-1414	24/7		Y / Chat (10am-4pm)

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IA	Foundation 2 Crisis Line (<i>only residents of Iowa</i>)	(319) 362-2174	24/7		Y / Text
IA	Iowa Warmline (<i>only residents of Iowa</i>)	(844) 775-9276	Daily, 8am-2am (CST)		
IL	Crisis Line of Fox Valley	(630) 966-9393	24/7		
IL	Illinois Mental Health Collaborative (only residents of Illinois)	(866) 359-7953	M-Sat 8am - 8pm (CST), Not Open on Holidays	Y	
IN	KEY Consumer Organization	(800) 933-5397	M-F 8am - 4:30pm (EST)		
KS	Compassionate Ear Warmline	(866) 927-6327	Daily, 4pm - 6pm (CST)		
KY	Center Stone Crisis Line	(800) 221-0446	24/7		
MA	Baycove Peer Support Warmline (<i>only residents of Massachusetts</i>)	(857) 378-4997	M-F 9am - 5pm (EST)		
MA	Edinburg Peer Warmline	(617) 875-0748	Daily, 5:30pm - 9:30pm (EST)		
MA	Peer Support Line	(877) 733-7563	M-Sun, 4pm-7:45pm (EST)		
ME	Intentional Warmline (<i>only residents of Maine</i>)	(866) 771-9276	24/7		

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				Y (in state only)	
MD	Anne Arundel County Crisis Response Systems	(410) 768-5522	24/7		
MD	Make Lemonade Warm-Line (only residents of Maryland)	(877) 794-7337	Mon/Wed 3pm - 3am; Tu/Thu 9am - 4pm; Sat 3pm - 12am (EST)		
MD	Maryland Helpline <i>(only residents of Maryland)</i>	(800) 422-0009	24/7		
MI	Certified Peer Support Specialist Warmline <i>(only residents of Michigan)</i>	(888) 733-7753	Daily, 10am - 2am (EST)		
MN	Minnesota Warmline (only residents of Minnesota)	(877) 404-3190	M-Sat 5pm - 10pm (CST)		Y / Chat
MO	Compassionate Ear Warmline	(866) 927-6327	Daily, 4pm - 10pm (CST)		
MO	NAMI Missouri Warmline (only residents of Missouri)	(800) 374-2138	M-F 9am - 2pm (CST)		
MS	Contact The Crisis Line	(601) 713-4357	24/7		
MS	Contact Helpline	(662) 328-0200	24/7		
MT	MHA Montana Warmline	(877) 688-3377	M-F 4pm - 9pm ; Sat-Sun 10am - 10pm (MT)		
NE	Keya House Warmline (only residents of Nebraska)	(402) 261-5959	24/7		

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NE	Honu Warmline	(402) 975-2032	24/7		
ND	Firstlink <i>(only residents of North Dakota)</i>	(701) 235-7335	24/7		
NH	Keene Area Warmline	(866) 352-5093	M, W and Sun, 4pm - 9pm (EST)		
NH	Stepping Stone Warmline	(888) 582-0920, press 9	Daily, 5pm - 10pm (EST)		
NJ	CONTACT of Ocean & Monmouth Counties	(732) 240-6100	24/7		
NJ	(Youth 10 - 24 only) 2nd Floor Youth Helpline	(888) 222-2228	24/7		Y / Text
NJ	Peer to Peer Support Line	(877) 760-4987	Daily, 5 - 10 pm (EST)		
NM	PEER to PEER Warmline (only residents of New Mexico)	(855) 466-7100	Daily, 3:30pm - 11:30pm (MT)		Y / Text (6-11pm)
NM	Agora Crisis Center	(505) 277-3013	24/7		
NY	Family of Woodstock Inc.	(845) 679-2485	24/7		Y / Text
NY	Mental Health Empowerment Project	(800) 643-7462	24/7		

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NY	NYC Well	(888) 692-9355, press 2 then 1	24/7	Y	Y / Both
NY	Phone Link	(516) 489-0100, press 1	M-F 9am-9pm (EST)		
NV	NAMI Western Nevada Cares Warmline (only residents of Nevada)	(775) 241-4212, press 1	M-F 8am - 10pm; Sat-Sun 8am - 9pm (PST)	Y	Y / Text
OH	Cincinnati Warmline	513-931-9276	24/7		
OH	Contact Crawford County	(419) 562-9010	24/7		
OH	Portage Path Behavioral Health	(330) 434-9144	24/7		
OR	David Romprey Oregon Warmline (<i>only residents of Oregon</i>)	(800) 698-2392	Daily, 9am - 11pm (PST)		
PA	Allegheny County Warmline (<i>only residents of Pennsylvania</i>)	(866) 661-9276	Daily, 9am - 1am (EST)		
PA	Bucks County Warmline (<i>Bucks County, Pennsylvania residents only</i>)	(215) 896-9717	M-F 1pm - 5pm (EST)		
PA	Community Behavioral Health (<i>only residents of Pennsylvania</i>)	(855) 507-9276	M-F 4 - 7 pm (EST)		
PA	Community Behavioral Health Philadelphia Warmline (<i>only residents of Pennsylvania</i>)	1-855-507-9276 or 1-855-507-3945	Mon-Fri, 10am-12pm, 1-3pm, 4-7pm (EST)		

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PA	Contact Altoona	(814) 946-9050	Daily, 7am-11pm (EST)		
PA	Contact Helpline (211)	(800) 932-4616, press 8	24/7		
PA	Peer Support Talk Line <i>(Montgomery County, Pennsylvania residents only)</i>	(855) 715-8255	Daily, 1pm - 9 pm (EST), Not Open on Holidays		
PA	Teen TalkLine <i>(Montgomery County, Pennsylvania residents only)</i>	(866) 825-5856	Daily, 1pm - 9pm (EST), Not Open on Holidays		Y / Text
PA	Valley Creek Crisis Center Warm Line	(866) 846-2722	M-F 8am - 10pm; Sat-Sun 10am-10pm (EST)		
SC	South Carolina Crisis Line <i>(only residents of South Carolina)</i>	(864) 271-8888	24/7		
SD	South Dakota Helpline Center <i>(only residents of South Dakota)</i>	(605) 339-4357	24/7		
TN	MHA of Tennessee	1-855-274-7471	24/7		
TN	The Crisis Line	(615) 244-7444	24/7		
TX	An Ear to Listen and a Passion to Care	(844) 755-4673	M-F 12noon - 10pm; Sat 10am - 2pm (CST)		
TX	MHA Texas Warm Line	(817) 546-7826	M-F 8am - 5pm (CST)	Y	

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UT	Utah Warmline (<i>only residents of Utah</i>)	(801) 587-1055	Daily, 8am - 11pm (MT)		
VA	MHA Peer Recovery Warmline of Virginia (<i>only residents of Virginia</i>)	(866) 400-6428	M-F 9am-9pm; Sat-Sun 5pm-9pm (EST)	Y	
VA	VA Copes (<i>only residents of Virginia</i>)	877-349-6428	9am-9pm Mon-Fri, 5pm-9pm Sat-Sun, Open on Holidays (EST)	Y	Y / Text
VT	Pathways Vermont Support Line (<i>only residents of Vermont</i>)	(833) 888-2557	24/7		Y / Text
WA	WA Warmline (<i>only residents of Washington</i>)	877-500-9276 or 866-427-4747	24/7		
WV	Help304-Emotional Strength (<i>only residents of West Virginia</i>)	(877) 435-7304	24/7		Y / Chat
WV	Help4WV Warmline (<i>only residents of West Virginia</i>)	844-435-7498	24/7		Y / Both